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## **PROVIDER BULLETIN**

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### **Initial Health Assessment (IHA)**

Preferred IPA recognizes the importance of preventive care and would like to remind PCP's to give an IHA to their Medi-Cal members within 120 days of enrollment. The IHA includes a complete history and physical exam, as well as the Staying Healthy Assessment (SHA). *Please contact your new members to schedule an IHA and document all attempts to schedule the appointment.* Documented attempts that show the doctor's unsuccessful efforts to contact the member for an IHA are considered evidence in meeting the IHA requirements.

### **Staying Healthy Assessment**

The Staying Healthy Assessment (SHA) was developed to identify high risk behaviors and promote appropriate referrals, follow-up & documentation. A few words of advice from you can have a significant impact on changing your patients' high-risk behavior. The assessment is voluntary and all refusals to complete it should be documented in the patient's medical record. Provider training is a required component of the SHA. An online Los Angeles County SHA Training is available at [www.lacare.org](http://www.lacare.org). You can download SHA forms and tip sheets in all LA County threshold languages at [www.dhcs.ca.gov](http://www.dhcs.ca.gov).

### **Most Common Deficiencies-IHA Medical Record Review**

- TB screening for ALL members (all residents of LA County are considered high risk)
- Staying Healthy Assessment form (SHA)
- Age-appropriate immunizations (children and adults)
- Lab screening per Periodicity schedule (AAP and CHDP)
- Dental screening and referral starting at age 3 and earlier if warranted
- Mammogram at age 50 and over
- Cervical screening test for all sexually active women
- Sickle cell (SCA) trait testing (if appropriate)
- HPV immunization offered to age-appropriate females (ages 9-26)
- Coordination between Specialist and PCP (i.e., Specialist notes or notation by PCP that a referral was made and followed through)