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## **PROVIDER BULLETIN**

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### **Initial Health Assessment (IHA)**

Preferred IPA recognizes the importance of preventive care and would like to remind PCP's to give an IHA to their Medi-Cal members within 120 days of enrollment. The IHA includes a past health history, comprehensive physical exam and the Staying Healthy Assessment (SHA).

### **Most Common Deficiencies**

During health plan audits, the most common deficiencies found in the medical records are:

- TB screening for ALL members (as all residents of LA County are considered high risk)
- Lab screening per Periodicity schedule (AAP and CHDP)
- Dental screening and referral starting at age 3 and earlier if warranted
- Age-appropriate immunizations (children and adults)
- Breast exam at age 40 and over
- Mammogram at age 50 and over
- Cervical screening test for all sexually active women
- Sickle cell (SCA) trait testing (if appropriate)
- HPV immunization offered to age appropriate females (ages 9-26)
- Coordination between the Regional Center/Early Start program and PCP (ages 0-3)-MD notes from DDS provider or referral
- Referrals for Home and Community-Based Services (HCBS) Waivers for members with developmental disabilities
- Coordination between Specialist and PCP (i.e., Specialist notes or notation by PCP that a referral was made and followed through)

### **Staying Healthy Assessment**

The Staying Healthy Assessment (SHA) was developed by the State to identify high risk behaviors and promote appropriate referrals, follow-up & documentation. The assessment is voluntary and all refusals to complete it should be documented in the patient's medical record. Remember, a few words of advice from you can have a significant impact on changing your patients' high-risk behavior. You can download SHA forms and tip sheets in all LA County threshold languages at [www.lacare.org](http://www.lacare.org).