



PROVIDER BULLETIN

Initial Health Assessment (IHA)

Preferred IPA recognizes the importance of preventive care and would like to remind PCP's to give an IHA to their Medi-Cal members within 120 days of enrollment. The IHA includes a history and physical exam and the Staying Healthy Assessment.

Most Common Deficiencies

During health plan audits, the most common deficiencies found in the medical records are:

- TB screening for ALL members (as all residents of LA County are considered high risk)
- Lab screening per Periodicity schedule (AAP and CHDP)
- Dental screening and referral starting at age 3 and earlier if warranted
- Age-appropriate immunizations (children and adults)
- Breast exam at age 40 and over
- Mammogram at age 50 and over
- Cervical screening test for all sexually active women
- Sick cell (SCA) trait testing (if appropriate)
- HPV immunization offered to age appropriate females (ages 9-26)
- Coordination between the Regional Center/Early Start program and PCP (ages 0-3)-MD notes from DDS provider or referral
- Referrals for Home and Community-Based Services (HCBS) Waivers for members with developmental disabilities
- Coordination between Specialist and PCP (i.e., Specialist notes or notation by PCP that a referral was made and followed through)

Staying Healthy Assessment

The Staying Healthy Assessment (SHA) is a required part of the IHA. DHCS recently released the new SHA via Policy Letter 13-001, "Requirements for the Staying Healthy Assessment." The new forms are dated 12/13. The deadline for implementation of the new forms was **April 1, 2014**. You can download SHA forms in all LA County threshold languages at www.lacare.org. The assessment is voluntary and all refusals to complete it should be documented in the patient's medical record. Remember, a few words of advice from you can have a significant impact on changing your patients' high-risk behavior.